Age Concern Kāpiti Coast Inc.
P O Box 217, Paraparaumu 5254

MEMBERSHIP FORM

Name: _____

Address: _____

_____

Phone**:** _____

Email**:** _____

Individual Member:	**$ 25.00**
Couple Membership:	**$ 40.00**
Donation:	**$_____**
TOTAL: cash / internet	$_____

Please tick if you require a receipt ☐

ANZ Account: 06 0730 0405608 00

If you are making an Internet Payment, please email your details to: admin@ageconcernkapiti.co.nz or post this form to PO Box 217, Paraparaumu 5254.

Your membership fee is for the financial year of 1 July to 30 June.

Volunteer Opportunities

We need volunteers for

- Visiting Service
- Companion Walking Service
- Phone a Friend Service
- Magazine delivery
- Reception

Age Concern Kāpiti

Room 16, Kāpiti Impact Hub,

6 Tongariro Street, Paraparaumu

Phone (04) 298 8879

Email: admin@ageconcernkapiti.co.nz

www.ageconcernkapiti.co.nz

Follow us on our facebook page

www.facebook.com/AgeConcernKapitiNZ/

Age Concern Kāpiti

AGE CONCERN KĀPITI

He Manaakitanga Kaumātua Aotearoa

Who we are

Age Concern Kāpiti is a not-for-profit community organisation started over 30 years ago. We are a volunteer-based, charitable organisation committed to supporting the needs of and advocating for older people aged 65+ on the Kāpiti Coast.

We promote wellbeing, rights, respect and dignity for older people / kaumatua in our community.

We are part of the nationwide organisation Age Concern New Zealand.

We cover the area of Paekākāriki to Ōtaki, which consists of more than seven townships.

Age Concern Kāpiti work to enhance the wellbeing of older people / kaumatua by providing a range of services. The aim is to enable older people / kaumatua to remain independent for as long as possible, living in their own homes as part of the local community.

We value the contribution of our volunteers who assist the staff with services, and we offer a wide range of opportunities of this to occur.

What we do

Support and Advocacy:
We can provide support, assistance and liaise with other community agencies.

Volunteer Visiting Service:
Our coordinator trains and supports volunteers who will visit those living alone in the community once a week for social connection.

Companion Walking Service:
Our coordinator supports and trains a volunteer who walks weekly with an older person who due to frailty, mobility or health issues finds this difficult to do alone.

Steady As You Go Falls Prevention:
A unique community based, strength and balance exercise programme – classes are held across the Kāpiti Coast.

Health Promotion:
We organise seminars and workshops on a range of topics relevant and interesting to older people.

Advanced Care Planning:
We have trained volunteers (ex-nurses/social workers/health professionals) to guide you through the process.

What we do

Senior Driving Programme:
Refresher driving courses for staying safe and increasing knowledge of the Road Code. Classroom based.

Monthly Workshops:
We organise monthly workshops where guest speakers bring food for thought to the table along with the sweets and savouries.

Information:
Contact us for a wide variety of information on available services. Call in or phone to speak with our volunteers or staff.